



**St James' Lanehead Church of England Primary School**

# **PE and School Sport Policy**

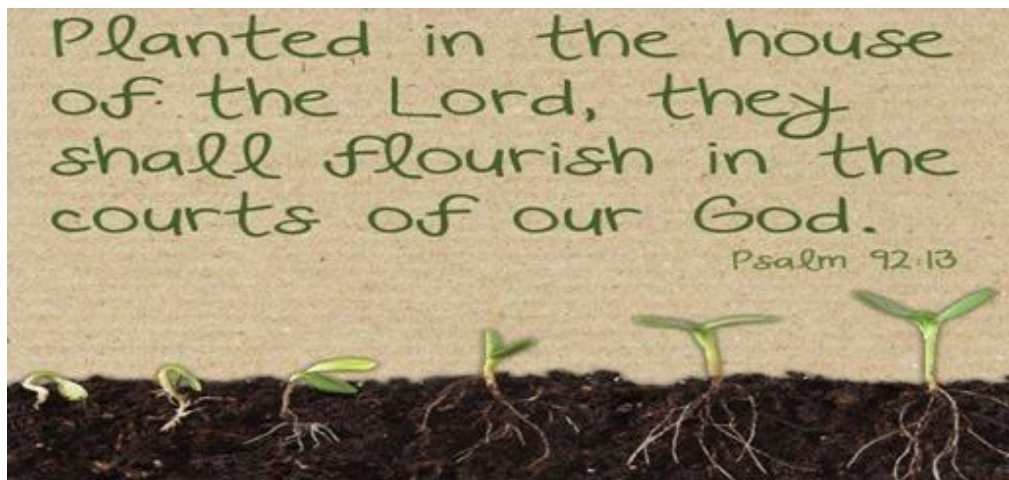
<b>Date of Policy:</b>	<b>September 2024</b>
<b>Person Responsible:</b>	<b>L Wren</b>
<b>To be reviewed:</b>	<b>Three years</b>
<b>Review Date:</b>	<b>September 2027</b>



St James' Lanehead C of E (VA) Primary School

Mission Statement

*Our church school seeks to inspire each individual to flourish, grow and learn with Jesus at the heart of all we do.*

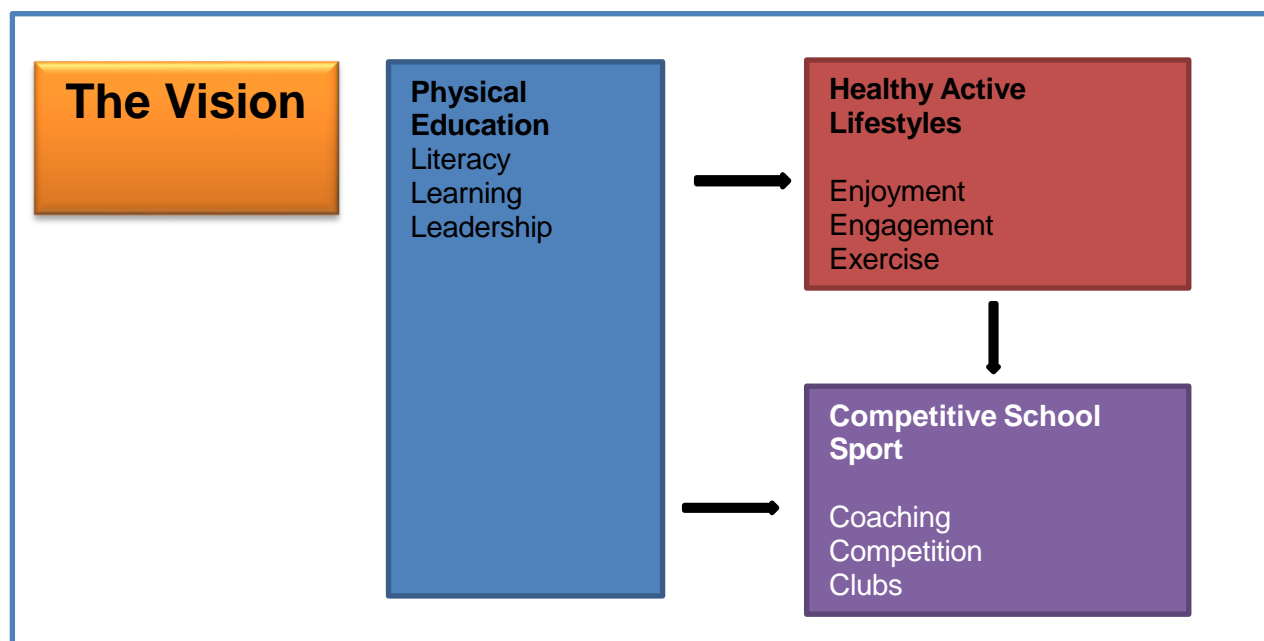


## St James' Lanehead Primary School

### PE Policy

At St James Lanehead C of E (VA) Primary School, we believe PE and Sport plays an important role in making our vision statement a reality for every pupil, with the potential to change young people's lives for the better.

Through PE and Sport, our children learn to develop the important qualities of discipline, resilience, communication, team work and ambition, leading to improved concentration, attitude, and academic achievement.



### Document Purpose

This policy document aims to reflect the philosophy of our school and provide a clear vision for Physical Education and sport shared by Governors, staff, pupils, parents and our wider community.

This policy should be used in conjunction with the Lancashire Scheme of Work for PE and other supporting documentation.

### Curriculum Organisation

The Lancashire Scheme of Work, covers all areas of National Curriculum PE and provides content and progression for,

- Invasion games.
- Net/wall games.
- Striking and fielding games.
- Dance.
- Gymnastics.
- Athletics.
- Swimming and water safety (KS2 only).
- Outdoor and Adventurous Activities.

The PE Subject Leader has devised a long term plan, as guidance for teachers, to ensure a broad and balanced coverage of the curriculum.

The PE Subject Leader will evaluate the PE curriculum annually and draw up a development plan based upon findings.

he development of the PE curriculum will involve all members of staff.

### **High Quality Physical Education**

The school's aim is to raise the standards of all our children in Physical Education by:

- ensuring there is regular specialist support from qualified PE teachers and/or qualified sports coaches working with our teachers to achieve high quality teaching and learning in lessons.
- ensuring that there are CPD opportunities for teachers in National and bespoke programmes in PE and Sport.
- ensuring there are professional quality assured teaching modules and materials for PE and Sport, Lancashire Scheme of Work.
- ensuring there is a development of Pupil Leadership Programmes.
- having an affiliation to National and local PE organisations, (Youth Sport Trust/Burnley School Sport Partnership).
- monitoring subject delivery, (lesson observations, pupil feedback),
- auditing staff and school needs for Physical Education.

### **Assessment**

Lancashire Scheme of Work provides Core Tasks for all activity areas.

Teachers record assessments for each child on the PE Passport Assessment App. The App links to the Lancashire Schemes. The whole class assessment is completed app. The class teacher and the subject leader can access this. This will then create a passport of information, evidence and assessment for each child.

### **Reporting**

Verbal reports are made to Parents during consultations in the Autumn and Spring terms.

A written report is completed in the Summer term where parents have the opportunity to provide feedback.

### **Time Allocation**

Each class receives at least two hours of timetabled PE each week.

In addition to this, each pupil will have the opportunity to participate in a range of extra-curricular activities.

### **Resources**

The areas available for PE include school hall, playground and field.

A variety of equipment is available in school, most of which is kept in the PE store.

The PE store is located off the school hall and is kept locked at all times. Children are not allowed to enter the store at any time.

Staff are asked to inform the subject leader if equipment is broken or needs replacing.

### **Equal Opportunities – Provision for all Young People**

At St James' Lanehead C of E (VA) Primary School, we provide a broad and balanced PE curriculum for all pupils. Teachers will modify the programmes of study as necessary in order to provide all pupils with appropriately challenging work at each key stage.

All children have equal access to resources and activities enabling them to develop their skills to the best of their ability. This includes PE lessons, enrichment activities, inclusive clubs and competitions).

The SENCO and PE Subject Leader will jointly advise teachers on the support which can be provided, or on individual children with particular educational needs. Specialist equipment will be purchased as required to meet specific needs where it is felt this would enhance learning.

### **Able and Talented Pupils**

St James' Lanehead C of E (VA) Primary School, will ensure that able and talented pupils are supported to ensure their abilities are developed and enhanced. The PE Curriculum will be differentiated to meet their needs. Outside coaches, through the support of the School Sports Partnership, can be used and children will be directed to specialist outside clubs, organisations and activities as needed. Where time off is sought to allow children to participate in competitions. The School will, where reasonable, be supportive of these requests on a case by case basis.

### **Health & Safety**

The 'Safe Practice in PE' 2024, is available to all staff.  
Pupils will be taught in line with the schools Health and Safety Policy.

### **Safe Practice**

#### **Jewellery**

In line with school policy, children should only wear watches and stud earrings to school plus items of jewellery worn for religious reasons. Wristwatches must be removed before PE lessons and earrings should be removed. There may be some occasions where a personal adornment cannot reasonably be removed. In such circumstances, these items must be made safe for the activities concerned, both for the wearer and other participants. In these instances, prior consent of the Head Teacher must be sought before an item can be worn otherwise it will have to be removed in order that PE can be undertaken.

#### **Clothing and Footwear**

For hall based activities, children are expected to wear shorts and t-shirts. Dance and gymnastics should be undertaken in bare feet unless children have a foot complaint when plimsolls may be worn. Warmer clothes are necessary for outdoor activities, which will continue during cold weather. Outdoor games should be undertaken in

suitable trainers and must be laced correctly. For all activities, long hair should be tied back.

Swimming goggles may be worn by discretion of the swimming staff. When used, these items should be made of unbreakable plastic or rubber materials and children should be taught to remove them by slipping them off the head and not by stretching the retaining band.

### **Clothing for PE Activities**

- Indoor games, dance and gym - navy pants, white t-shirt, navy hoody or fleece pumps or bare feet.
- Outdoor and athletic activities:  
Winter: tracksuit and outdoor trainers,  
Summer: navy shorts, white t-shirt, pumps or trainers.
- Swimming - swimming costume or trunks, named swimming cap and goggles (with parental consent).
- No jewellery or watches to be worn for any physical activity.

### **Staff Attire**

When teaching PE, staff should be appropriately dressed and wearing suitable footwear to enable them to move freely and easily.

### **Non-Participation**

If children are unable to participate in PE due to injury or illness, this should be supported by communication from parents. Non-participants should be as involved in the lesson as possible. This could be as officials, observers, recorders, or critics. This will enable them to learn and understand the work and be better prepared to re-join the lessons when they can.

### **Movement of Apparatus**

Throughout their development in PE, children will be taught how to assemble, lift, rearrange, dismantle and store apparatus safely. Development of these skills is given in the following table, but it should be realised that this is intended as a basic guide and may not be appropriate for all children.

<u>Year</u>	<u>Equipment</u>	<u>Notes</u>
R	Various	Large apparatus will be assembled by year 6. Children may start to learn techniques for carrying mats and small items of equipment.
1	Mats (when appropriate)	4 to each mat, 1 on each corner.
2	Mats and Benches	4 to each mat, 2 to a bench (all children to face the direction of travel).
3	Mats, Benches, Planks, Ladders and Light Boxes	4 to each mat and box, 2 to benches, planks and ladders (all children to face the direction of travel).
4/5/6	All Apparatus (size appropriate)	2 to each mat and lighter apparatus, 4 on heavier or more bulky apparatus (all children to face the direction of travel).

Although it is desirable that children should be responsible for their own equipment, it is understood that for the children to set out and put apparatus away every lesson, is not a realistic target, bearing in mind the restrictions of time allocated to PE and the restrictions on hall use. The children should, however, receive enough practice and guidance to be able to do it safely and efficiently.

Children will be taught about the appropriate use and placement of apparatus to ensure safety. When lifting and carrying apparatus children should face the way they are going in order to minimise the risk of collision. Children will be taught where to place their hands and to lift together on the leader's signal, by bending and straightening the legs and keeping their backs straight.

#### **Placement of Mats**

Children will be taught about the correct placement and use of mats. The school's policy on the placing of mats follows the guidelines given in 'Safe Practice in Physical Education', written by BAALPE (British Association of Advisers and Lecturers in Physical Education). This states that mats should not be placed around profusely and indiscriminately but should be used where it is expected they will be needed for deliberate landings. It is anticipated however, that younger children may require mats at an early stage of traversing apparatus at a height, where they are likely to need to drop down. All children will be taught that the use of mats is to suggest area for dismount, or entry to apparatus and not for protection against landing.

### **Out-of-Class Activities**

PE lessons will provide the children with opportunities to practice and consolidate their skills and knowledge and to develop and extend their techniques and abilities. These may be extended further through out of class activities such as residential trips and extra-curricular clubs.

Residential visits offer children opportunities in Outdoor and Adventurous Activities including walking, canoeing, climbing, orienteering, abseiling, rock-climbing and swimming.

St James' C of E (VA) Primary School, offers a comprehensive range of extra-curricular clubs that change to meet the needs and preferences of the children.

### **Competitive School Sport**

The aim is to increase pupils' participation in extra-curricular sport by:

- taking part in a coordinated programme of intra and inter school competition.
- The School Sports Partnership calendar of competitions at local and County level.
- making sure the opportunities given to children are inclusive

Extra-curricular clubs are run by staff members (teachers and HLTAs).

Registers of attendance are kept for each activity.

Activities are promoted via Assemblies, letters, the PE noticeboard and our school website.



### Role of the PE Subject Leader

- Ensure Lancashire Scheme of Work is available to all staff.
- With support, monitor the teaching and assessment of the subject.
- Co-ordinate staff CPD Programme for PE.
- Co-ordinate the maintenance and replacement of equipment.
- Attend termly PLT meetings.
- Regular meetings with SSCO.
- Co-ordinate Programme of extra-curricular clubs.
- Promote Calendar of Events, Burnley School Sport Partnership, Noticeboard and Website.
- Apply for School Games Kitemark.

**Version 1 of the PE Policy Adoption**

**Senior Member of Staff Responsible : Headteacher**

**Designated Member of Staff : Florence Parkinson**

**Governor Responsible: Namoi Healey**

**Adapted: 1<sup>st</sup> March 2021: Florence Parkinson**

**Covid-19:**

**Due to the Covid-19 outbreak, a few changes to the policy have been made:**

**Clothing and Footwear:**

**Children now arrive to school in their PE kits on their designated days. They wear appropriate clothing so they are able to learn outside where possible.**

**Resources:**

- **Location – where possible, PE lessons are taught outside on the playgrounds or fields. During bad weather, PE lessons will take place in the school hall which is well ventilated at all times.**
- **Equipment – risk assessment is in place to ensure all equipment is well sanitized before and after each PE lesson. PE boxes have been purchased for each bubble to reduce mixing equipment between classes.**
- **Children also hand sanitize before and after every PE lesson.**

## **Appendix**

## **School Sport Premium Accountability**

### **Service Agreement with Burnley School Sport Partnership**

#### **High Quality Physical Education. Raising standards of all our children in Physical Education.**

- Regular specialist support from qualified PE teachers and or qualified sports coaches working with Primary Teachers to achieve high quality teaching and learning in lessons.
- CPD opportunities for Teachers in national and bespoke programmes in PE and Sport.
- Professional quality assured teaching modules and materials for PE and Sport, Lancashire Scheme of Work.
- Development of Pupil Leadership Programmes.
- Affiliation to National and Local PE organisations, (Youth Sport Trust/Burnley School Sport Partnership).
- Lesson observations, benchmarking and support through PE Specialists.

#### **Competitive School Sport. Increasing pupils' participation in extra- curricular sport .**

- Inclusive competitive opportunities.
- Support with intra and inter school competition co-ordination and delivery.
- Organised competitions at local/county level.

#### **Healthy Active Lifestyles. Ensuring all our children have access to regular exercise.**

- Change 4 Life club opportunities for 'inactive' young people.
- Playground Young Sports Leader training.

#### **Self- Review & Quality Assurance. Measuring the impact of the funding.**

- Monitoring of pupil progress through assessment in lessons.
- Lancashire PE Mark.
- Youth Sport Trust, Self Review - 'Become Outstanding'.
- School Games Kite Mark – monitoring competitive school sport.